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## Paediatric Pathology Symposium “Metabolic Syndrome in Children: Current Scenario & Challenges”



Prof Dr Muhammad Yazid Bin Jalaludin  
Universiti Malaya Medical Centre



Prof Dr Khosrow Adeli  
President of The International Federation of  
Clinical Chemistry and Laboratory Medicine



Dr Nalini M Selveindran  
Paediatric Endocrinologist  
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Dr. Saraswathy A/P Apparow  
Chemical Pathologist  
Institute for Medical Research

“Monday,  
27 March”



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# About the Symposium

Paediatric obesity and diabetes are increasingly becoming major public health concerns in the world including in Malaysia. The early onset of risk factor clustering is alarming, considering that metabolic syndrome components may track into adulthood and significantly increase the risk for future CVD and T2DM. Early diagnosis is required to allow interventions such as lifestyle modification, pharmacotherapy, and surgery to prevent further complications.

This symposium with the theme “*Metabolic Syndrome in Children: Current Scenario & Challenges*” is an excellent platform to get the latest updates on this topic from international and local experts. Lecture topics include a basic understanding of the pathophysiology of metabolic syndrome, a recent update on obesity & diabetes in children, and also laboratory roles in aiding the management.

This symposium is jointly organized by the Pathology Department of Hospital Tunku Azizah and the Malaysian Association of Clinical Biochemists (MACB).

## Tentative Program

0800 - 0830	Registration	
0830 - 0840	Doa Recitation and National Anthem	
0840 - 0850	Welcoming speech	<b>Dr Raja Elina Raja Aziddin</b> <i>President, MACB.</i> <i>Adjunct Professor,</i> <i>National University of Malaysia</i>
0850 - 0900	Opening speech	<b>YBrs. Dr. Shamsul Anuar Bin Kamarudin</b> <i>Director, Hospital Tunku Azizah</i>
0900 - 0945	Symposium 1 Obesity in Children - Malaysian scenario	<b>Prof Dr Muhammad Yazid Bin Jalaludin</b> <i>Universiti Malaya Medical Centre</i>
0945 - 1030	Symposium 2 Pathophysiology of Pediatric Obesity and Metabolic Syndrome	<b>Prof Dr Khosrow Adeli</b> <i>President of The International Federation of Clinical Chemistry and Laboratory Medicine</i>
1030 - 1045	Break	
1045 - 1130	Symposium 3 The Changing Face of Pediatric Diabetes	<b>Dr Nalini M Selveindran</b> <i>Paediatric Endocrinologist,</i> <i>Hospital Putrajaya (HPJ)</i>
1130 - 1215	Symposium 4 Clinical Application of Cardiac Markers in Pediatrics	<b>Prof Dr Khosrow Adeli</b> <i>President of The International Federation of Clinical Chemistry and Laboratory Medicine</i>
1215 - 1310	Symposium 5 Diabetes Autoantibody Testing in Malaysia - Laboratory Perspective and Experience	<b>Dr. Saraswathy A/P Apparow (IMR)</b> <i>Chemical Pathologist</i> <i>Institute For Medical Research</i>
1300-1310	Closing Remarks	

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